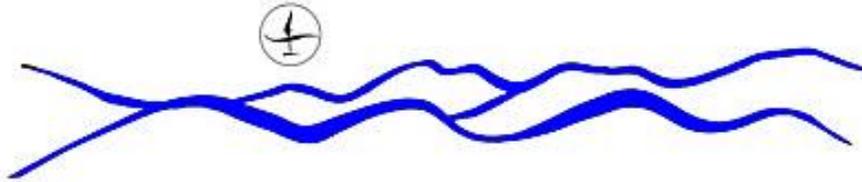


# THE ADIRONDACK COMMUNITARIAN



A Monthly Newsletter of the Adirondack Unitarian Universalist Community

**Volume 165**

**OCTOBER 2016**

## **Calendar**

### **October 2**

Rev. Joel Baehr  
Pastoral psychotherapist, Buddhist teacher and  
Unitarian Universalist Minister  
Being "No Self"

### **October 9**

Dr. George Cook  
Medical Director for High Peaks Hospice and  
Medical Director for the Palliative Care program  
at Adirondack Health  
"The Family Challenge of End-of-Life Planning  
and Care"

### **October 16**

Dan Berggren  
Award-winning musician and educator and  
Unitarian Universalist

### **October 23**

Rev. Dave Weissbard  
Unitarian Universalist

### **October 30**

SoulMatters 'Healing'

## **Events Calendar**

### **October 2**

Adirondack North Country Pride  
Parade, 1:30  
Trinity Park, Plattsburgh

### **October 8**

NOTE: UU Multi-site, cluster meeting  
changed  
Stewardship meeting only  
(contact Phyllis if interested)

### **October 12, 6pm**

Welcoming Congregation Committee  
John Black Room  
All are welcome

### **October 19, 1:30 PM**

Double ewe Knitters  
Elaine Holmlund's House

### **October 23**

AUUC Board Meeting  
Following the service

## Message from Trustee Joyce Henklein

### Early Preview of November Event

Stewardship is defined as a method in which a group of people actively concern themselves with the affairs of an organization. The word 'pledge' is simply a promise to pay an amount that was previously decided upon. Whether it be "stewardship", "pledge drive" or "fund-raising", it all means one thing -----"we need money"

Emotionally, spiritually and intellectually, we enjoy coming here, but the institution cannot be held up by affection and fellowship alone. Fund-raising sometimes makes congregants feel uneasy but money is essential for the success of a faith community and calls us into a deeper connection with each other. The financial backbone of AUUC needs to be grounded in the mission and vision of the group.

We are launching our annual campaign in November to encourage pledging. We need to know what kind of financial support we can expect so we can present our budget at our next congregational meeting.

So be thinking about any amount you think you can afford. This should be a comfortable sum easily possible within the limits of your income. No one should ever experience regret or 'pledgers remorse. It's not the amount that you pledge that is as important as reliability and consistency, so that the treasurer can depend on this income to meet expenses.

Contributing, however small the sum, imposes on you the cloak of commitment and this "ownership affirms you as an important member of our congregation, and this matters, because it insures the survival and growth of our community.

No one will visit you at home, high-pressure you or make you worried or scared!! We are simply making a loving request for you to consider about how important this liberal forum of fellowship is to you. You can expect that each Sunday in October there will be follow-up and that there will be a significant presentation on Sunday November 6. Stay tuned.

Joyce Henklein----- Stewardship Committee

**VOTERS FOR CHANGE HAS OPENED A STOREFRONT AT 28 BROADWAY UNTIL AFTER THE ELECTION. VOLUNTEERS ARE NEEDED TO COVER OPEN HOURS. STOP IN TO SIGN UP.**

## **Worship Planning Meeting Report**

Thanks to all who participated in the planning meeting last Sunday. It was a very productive meeting and I am happy to report that a Worship Committee has been formed. Elaine Holmlund will chair once again, joined by Jean Chamberlain and Rosalie Fontana. Views presented during the discussion led to plans to

- Have at least one guest speaker each month with priority to given to Unitarian Universalist ministers
- Invite speakers from other UU congregations
- Have quarterly services on each of our action programs: Welcoming Congregation and Environment
- Have regularly scheduled Contemplative Circles – Craig Mileweski and Susan Arnold will coordinate these services
- SoulMatters each 4-6 weeks

Of course, it is hoped that all will participate in some way in our Sunday services.

*Please contact me if you are willing to take part in the setup and take down activity on Sunday mornings. That has been in large part done by Board members and those who made arrangements for the service. Given their other responsibilities, it would be a great help to relieve them of these tasks.*

Phyllis

## **Welcoming Committee Update**

Thanks to everyone who came out for the service on September 25th. The members of the committee felt it was a big success. Our next big event is November 20th – a gathering to recognize the National Transgender Day of Remembrance for transgender people who died by violence.

Our next meeting is October 12th at the John Black Room at 6:00 p.m. All are welcome.

**Ann Mullen**

## More Updates from Ann:

**Samaritan House**, our community's transitional shelter, is well on its way to opening before Christmas!

- We've had two cleanup days – the first of which was supported by 40 volunteers from multiple faith communities in Saranac Lake and Lake Placid. The house was cleaned from top to bottom and cleared of accumulated trash (five truckloads!). We had a terrific turnout of folks from the UU – thank you so much.
- We've adopted two rooms along with the Quakers – the living room and dining room. This isn't as daunting as it may seem. The painting and carpet cleaning is done. Volunteers from the local quilting community have offered to see what can be done in terms of window coverings. We'd like to fill the shelves in the two rooms with games (complete), jigsaw puzzles and books.
- Still needed – we need nice, working lamps. Floor lamps are particularly needed.
- Six sets of twin beds, plus frames are on order.
- We could use twin sheet sets and towels, preferably new or in gently used condition.

Isn't this exciting? By December, our community could be providing housing for up to six homeless people who'd otherwise experience a terribly cold and bleak winter. A dream is becoming a reality, thanks to the hard work of so many. Thank you!

## Grace Pantry Tampon Drive

Having worked several times now at Grace Pantry, I can tell you that there is a critical need for tampons at the Pantry. There are some there, but they are all one size (Super), and there aren't nearly as many as we can use.

For October, if each of us could bring in one box, that would be wonderful. Small and medium would be appreciated. I'll handle picking them up and delivering them.



## **The SOUL MATTERS theme for October is “Healing”**

from A Litany for Those not Ready for Healing

By Dr. Yolanda Pierce

Let us not rush to the language of healing, before understanding the fullness of the injury and the depth of the wound.

Let us not rush to offer a band-aid, when the gaping wound requires surgery and complete reconstruction.

Let us not offer false equivalencies, thereby diminishing the particular pain being felt in a particular circumstance in a particular historical moment. ....

Let us not rush past the loss of this mother’s child, this father’s child, someone’s beloved son.

...

Instead

Let us mourn black and brown men and women, those killed extrajudicially every 28 hours. ...

Let us be silent when we don’t know what to say.

Let us be humble and listen to the pain, rage, and grief pouring from the lips of our neighbors and friends.

Full litany here: <http://kineticlive.com/2014/11/28/a-litany-for-those-who-arent-ready-for-healing%e2%80%8f/>

### **Cure vs. Healing**

Cure may occur without healing; healing may occur without cure.

Cure alters what is; healing offers what might be.

Cure is an act; healing is a process.

Cure seeks to change reality; healing embraces reality.

Cure takes charge; healing takes time.

Cure avoids grief; healing assumes grief.

Cure speaks; healing listens.

~ Fred Recklau, Partners in Care: Medicine and Ministry Together

## Contact Numbers

www.adkuu.org

President:	Phyllis Magnus	354-1379
Vice President	Joan Kelly	572-6054
Secretary:	Jean Chamberlain	354-8061
Treasurer:	Sue Grimm Hanley	637-2794
Trustees:	John Wood	946-2275
	Joyce Henklein	891-7761
Caring & . Membership:	Susan Arnold	891-3744
Welcoming Congregation	Ann Mullen	891-5735
Worship	Elaine Holmlund	891-7761
Communitarian:	Courtney Miller	starrypoetics@gmail.com
Double Ewe: Knitters	Joyce Henklein	891-7761
Place:	Randall Swanson	891-3512
	Glenn Arnold	891-3744
RE:	Vanessa Houghtlin	891-1195
	Julia Goren	845-216-3810
Environmental and Social Action:	Stephen DeHond	
	sdehond@hotmail.com	
Social Media:	Kelly Metzgar	891-0454
	Sue Grimm Hanley	637-2794



**We the member congregations of the Unitarian  
Universalist Association, covenant to affirm and  
promote**

*-The inherent worth and dignity of every person.  
-Justice, equity and compassion in human relations.*

*-Acceptance of one another and encouragement to  
spiritual growth in our congregations.*

*-A free and responsible search for truth and  
meaning.*

*-The right of conscience and the use of democratic  
process within our congregations and in society at  
large.*

*-The goal of world community with peace, liberty,  
and justice for all.*

*-Respect for the interdependent web of all existence  
of which we are a part*



**From the "Church of the open mind, loving heart, and helping hand" to**

**Adirondack Unitarian Universalist Community  
89 Church Street  
Saranac Lake, NY 12983**