

THE ADIRONDACK COMMUNITARIAN



A Monthly Newsletter of the Adirondack Unitarian Universalist Community

Volume 147

February 2015

February Calendar

February 1
Jane Dwinell

February 8
Jane Dwinell

February 15
Doug Rubio

February 22
Larry Ham

Sharing the Plate for February

Transylvania Unitarian Church -

Unitarianism was born in the 16th century in Transylvania. Today there are 120 Unitarian churches that struggle with declining membership, poverty, and financial need. The Unitarian Universalist Partner Church Council gladly accepts donations for these congregations, and pairs up churches in the US and Canada that would like to have a one-on-one relationship with a Transylvanian congregation.

(Want to know who else we'll be sharing our plate with? This year's schedule is inside!)

A Note from Susan Arnold

Hi everyone,

Last Monday I had surgery on my right foot with strict directions from my doctor to keep my leg and foot elevated above my heart for at least two weeks with the full recovery taking six weeks. My attempts to get up and around always find me heading back to the pillows where my foot can relax. The sunny weather and new white snow have been a wonderful sight to see.

Many people from our congregation are traveling around the country including Sylvie and Elodie who are auditioning for ballet programs. The skiing and skating must be perfect for those of you who love winter sports. I hope you are well and healthy and looking forward to Winter Carnival.

Please know that I am thinking of you and looking forward to getting back on my feet and in action as we head into this brand new year.

With AUUC love,
Susan

Words From the Minister

Words from the Minister

I don't know why winter always seems to make people stop and think about their lives. Perhaps it is the cold, and the need to stay indoors and be silent, with a cup of tea and a warm fire nearby. In summer, we are much too busy enjoying the long days and so many compelling activities, knowing the winter will come again. Get it while you can!

I came across this lovely poem by one of my favorite authors, Parker Palmer, and wanted to share it with you. I expect many of us like to go for walks in the snowy woods, and find peace there.

Welcome Home

Alone in the alien, snow-blown woods,
moving hard to stay warm in zero weather,
I stop on a rise to catch my breath as the
setting sun -- streaming through bare-boned
trees -- falls upon my face, fierce and full of life.

Breathing easier now, in and out with the earth,
I suddenly feel accepted -- feel myself stand
easy, strong, deep-rooted as the trees,
while time and all these troubles disappear.

And when (who knows how long?) I trudge
on down the trail and find my ancient burdens
returning, I stop once more to say *No* to them --
not here, not now, not ever again -- reclaiming
the welcome home the woods have given me.

Parker J. Palmer

I also wanted to thank all of you for your generosity. The offering at the Solstice service netted \$276.00 for the Minister's Discretionary Fund. And the first Share the Plate offering in January netted \$127.00 for the Tri-Lakes Humane Society. Thank you so much!

See you in church!

Jane

"Now is the time come; let it not pass unused."
-Japanese Inscription

notes from the worship Committee

We are so blessed to have our Rev. Jane Dwinell. In January, she took us to Transylvania, the birthplace of our Unitarian church, with delightful reminiscences of a family trip. Unitarianism was born in the 16th century; today there are 120 Unitarian churches that struggle with declining membership, poverty and financial need.

We also began a tradition of "sharing the plate." This month's recipient is the Tri-Lakes Humane Society. Next month, we will send our money to the Transylvanian Unitarian Church.

Rev. Jane's second January sermon was on Covenant and Community.

Jon Montan, from our sister church in Canton, gave a personal credo on January 18: "The Making of a UU."

Our final January service was an encore from Jason Brill entitled "Dance". Jason presented this last year as part of an over-all talk on our enthusiasms. What makes you happy? Let me know and we'll do another service!

Submitted by Elaine Holmlund, Chair



NOTES FROM THE JANUARY BOARD MEETING

Attendees: Susan Arnold, Jane Dwinell, Joyce Henklein, Ginger Slater, Gary Alexander, Joan Kelly and Jean Chamberlain

Minister's report - The Solstice Service was well attended and very enjoyable. The holidays are now over and we are ready for an exciting New Year.

President's report - The AUUC is ready to start the New Year and the Board and Worship Committee were thanked for their support and hard work.

Treasurer's report - Gary Alexander passed out the spreadsheet for end of year financials and the Board commended that AUUC members for fulfilling their pledge commitments. Some Board members offered to help Gary get tax letters completed and sent out to members by the end of January.

Worship Committee update - Elaine Holmlund regularly writes a monthly report in the Communitian describing our Sunday services and keeps the congregation informed on what is happening with the AUUC!

The Board welcomed Joyce Henklein as our new Board of Trustee member.

Sharing the Plate - Congregants signed up on a list during a service to offer suggestions of recipients for the 'share the plate' offerings. The Board approved the local charity suggestions and a 2015 calendar was prepared of

the chosen recipients and can be found in this issue of the Communitarian. There is also a description of what each charity provides to our community included.

Respectfully submitted by Jean Chamberlain

Unitarian Universalist Niagara Experience 2015

March 27-28, 2015 are the dates set for the District Assembly in Niagara Falls, NY. The First Unitarian Universalist Church of Niagara is offering a special Niagara Experience for participants. At the close of the District Assembly programming at 5:00 PM Saturday March 28, those registered for the UUNEX2015 may convene at the First UU Niagara Church for a cocktail hour with an open bar followed by a pork tenderloin banquet with a grilled portabella mushroom vegetarian alternative. After the banquet, tours of the lights over the Falls will be led by Church members for those who are interested.

On Sunday morning our guests will be fed scrumptious brunch before our 11 AM Sunday Church service.

If there is interest church members will be available to take people to attractions within the county: The Aquarium; Old Fort Niagara, and evidence of Underground Railroad activities in the area.

Cost is \$75 per person for the entire UUNEX2015. This price includes meals, tour guides and lots of story telling. Guests will be expected to stay over an additional night at their hotels at their own expense. The Church is located a short distance from the Convention Center where the DA will be held and close to the major hotels. It is approximately 1 mile from the Falls themselves.

There is limited space available for UUNEX2015. Please register as soon as possible to avoid disappointment. We are excited about hosting you for this special event.

Send your reservations with full payment to:

First UU of Niagara
c/o Peter Diachun
840 Page Avenue
Lewiston, NY 14092
(716) 754-2830
peter.diachun@gmail.com

Please make your check payable to the First UU Church of Niagara and include an email address for acknowledgment and late breaking information.

The Church conducted three day versions of this UUNEX for several years in the past. We received rave reviews from previous guests on our hospitality, the tours, and our meals.

"Friendship is the only cement that will ever hold the world together"

Woodrow Wilson

Sharing the Plate Calendar

It was decided that for the first Sunday of every month AUUC's offertory will go to a nonprofit to share and support various organizations. January's was for the Tri-Lakes Humane Society. Below is a schedule of Sharing the Plate recipients from February through December.

Feb. - Transylvania Unitarian Church - Unitarianism was born in the 16th century in Transylvania. Today there are 120 Unitarian churches that struggle with declining membership, poverty, and financial need. The Unitarian Universalist Partner Church Council gladly accepts donations for these congregations, and pairs up churches in the US and Canada that would like to have a one-on-one relationship with a Transylvanian congregation.

March - Wounded Warriors - The Wounded Warrior's mission is to honor and empower Wounded Warriors by raising awareness and enlisting the public's aid for the needs of injured service members, helping injured service members aid and assist each other and provide unique direct programs and services to meet the needs of injured service members.

April - Saranac Lake Young Arts Association - The Saranac Lake Young Arts Association's mission is to support and nurture the Arts among Saranac Lake Central School District youth by directing donations to support and encourage the Arts primarily through program support and scholarships for workshops, summer camps and college study in the arts.

May - Grace Pantry - The Grace Pantry makes household items available that are not approved by SNAP (Supplemental Nutrition Assistance Program), formerly known as Food Stamps. Households cannot use SNAP to buy items like soap, paper products, household cleaning supplies, personal hygiene items and diapers. The Grace Pantry keeps an assortment of these items in stock for the community. The pantry is kept up and running by service organizations, churches, foundation grants and individual donations of either money or products. Without this generosity in the community, the pantry would not exist.

June - Headstart Pre-School at Wm. Morris Park - The Head Start Pre-School is an exciting program for children of low-income families, ages 3 – 5, that is filled with experiences that support the social, health, nutritional, educational, and emotional needs of young children in our community.

July - Saranac Lake Adult Center - The Saranac Lake Adult Center's mission is to provide, promote, maintain and support a program for seniors in our community, which promotes the spirit of fellowship and friendship.

August - Saranac Lake Youth Center - The Saranac Lake Youth Center, a 501(c)3 corporation founded in 1982 by the Saranac Lake Ecumenical Council, provides a healthy, substance free, supervised environment for middle and high school youth; offering programs which develop social skills, personal growth and responsibility in a fun and supportive atmosphere. The Youth Center is among a very short list of

Individual Community Youth Centers which have been in successful operation for 30+ years in the United States

Sept. - Saranac Lake Interfaith Food Pantry - The Saranac Lake Interfaith Food Pantry is a non-profit, charitable organization that collects, sorts and distributes donated food directly to individual and families in the Saranac Lake community, who have difficulty purchasing enough food to avoid hunger.

Oct. - Saranac Lake Fire Department and Rescue Squad - The Saranac Lake Fire Department and Rescue Squad's mission is "Saving Lives and Property Since 1891". The Department's bylaws state in part that the objectives of the fire department shall be A) to protect persons and property from injury, loss, damage or destruction, and B) to render assistance in any emergency...

Nov. - Bluseed Studios - Bluseed Studios was a neglected 1930 industrial warehouse that has been transformed into an exciting visual and performing arts facility. Operating since 2002 as a not-for-profit organization. Bluseed has Ceramic, Printmaking and Framing studios, a Classroom, and a large Exhibition and Performance space. Both local and outstanding traveling exhibitions can be found on display. Regional and nationally known musicians perform there monthly

Dec. - North Country Life Flight - The North Country Life Flight Air Medical Rescue Team is a 501(c)(3) not-for-profit air medical rescue service serving northern New York State. Providing lifesaving, critical care by air to the international destination of the Adirondack North Country, has made it possible for the Life Flight Team to have a lifesaving impact that, literally, extends around the world.

Places III (Winter Sun)

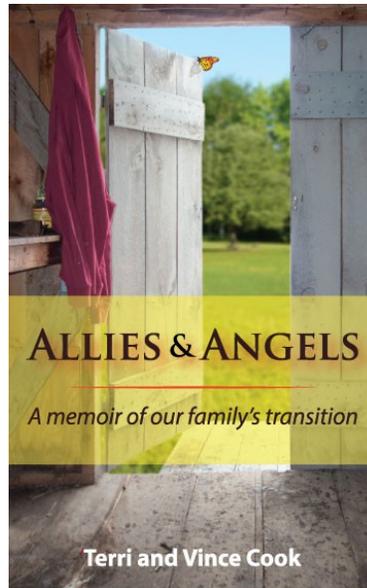
Sara Teasdale

There was a bush with scarlet berries,
And there were hemlocks heaped with snow,
With a sound like surf on long sea-beaches
They took the wind and let it go.

The hills were shining in their samite,
Fold after fold they flowed away;
"Let come what may," your eyes were saying,
"At least we two have had to-day."

Creating a Safe Environment for our LGBT Youth, Parents, & Families

Guest speaker Terri Cook



Thursday, February 26, 2015 at 7:00 PM
Saranac Lake Free Library, Cantwell Room
The event is free of charge.

Hosted by Dreamers of the Dream,
an ecumenical community group committed to peace with justice.
For more information, contact Kelly Metzgar at 518-637-7253.
This event is co-sponsored by the Saranac Lake Free Library and
Adirondack Health.

Contact Numbers

www.adkuu.org

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	Joyce Henklien	891-7761
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**We the member congregations of the Unitarian
Universalist Association, covenant to affirm and
promote**

-The inherent worth and dignity of every person.

-Justice, equity and compassion in human relations.

*-Acceptance of one another and encouragement to
spiritual growth in our congregations.*

-A free and responsible search for truth and meaning.

*-The right of conscience and the use of democratic
process within our congregations and in society at
large.*

*-The goal of world community with peace, liberty, and
justice for all.*

*-Respect for the interdependent web of all existence of
which we are a part.*



From the "Church of the open mind, loving heart, and helping hand" to

**Adirondack Unitarian Universalist Community
89 Church Street
Saranac Lake, NY 12983**