

THE ADIRONDACK COMMUNITARIAN



A Monthly Newsletter of the Adirondack Unitarian Universalist Community

Volume 117

August 2012

August Services

August 12

Wayne Walder
Stages of Community
SJC Meeting 11:15

August 26

David Weissbard
TBA
SJC Meeting 11:15

It's requested that the congregation bring flowers from their gardens for the August services.

September Services

September 9

Jason Brill
Water Communion
SJC Meeting 11:15

September 23

David Weissbard
TBA
SJC Meeting 11:15

UUA At a Click

This month's "UUA at a click" will take you to links to the full video/audio and written record of General Assembly that concluded on June 24th. If anyone is interested, perhaps we can arrange a "viewing party" sometime this month (when rain is predicted, preferably!) Click here to view the records available from the GA. [Record of the UU General Assembly](https://www.uua.org/ga/2012/index.shtml) (link: <https://www.uua.org/ga/2012/index.shtml>)

Information on Wayne Walder

Wayne is the minister of the Neighborhood Unitarian Universalist Congregation in Toronto. He has a Masters Degree in religion from the University of Toronto, loves religious anthropology, and will often play the Native American flute at services. While travelling, he plays the flute in the echoing buildings of every faith and in caves along the way. He has met and worked with many spiritual teachers, including Pir Vilayat, Carlos Nakai, Yogi Bahjan, Swami Rama, David McBride, Thomas Moore, Fool's Crow, the Dalai Lama, Sharon Saltzberg, and Walter Bruggeman.

Wayne teaches meditation with a combination of humor, reason, and respect for religious traditions. He understands meditation is only a tool, useful to help us become more aware of a personal human life and to develop the courage required to live it with others. He has loved religion and spirituality since he was a child. After helping to build the Neighborhood Congregation, he realized there wasn't a liberal and respectful practice of going deeper into culture and religion while traveling. So, Wayne has led pilgrimages to India, Santa Fe, Peru, Turkey, and Belize. Wayne has been part of congregations in Elmira and Buffalo, New York, as well as in Toronto. He has worked with the staff of the Canadian Unitarian Council, offering advice to congregations about their building and their growth plans.

Presidential Letter

Summer in the Adirondacks always has a hint of the coming fall and winter. For example, Karen and I are in the midst of stacking our wood delivery. I'm thinking about that old adage that wood warms you two or three times before it actually makes it to the stove!

First of all, I would like to say thank you to the two Board members who just finished their terms: Sue Grimm, always the voice of reason and wisdom, and Vannesa Houghtlin, who served very ably and reliably as our secretary. Thank you! You will both be missed.

At our July Board of Trustees meeting, we laid out some goals for the Board for the next twelve months that I'd like to share with you.

Board goals:

- Σ Bylaws: Review our bylaws to make certain they are up-to-date; make certain that all members have a copy and understand the bylaws. Collect all recent minutes of Board meetings and put them in a central file.
- Σ Put together and present an annual calendar of known events: services, meetings, special functions, etc.
- Σ Put together an annual report.
- Σ Creation of a strategic plan for AUUC with the help of the congregation.
- Σ Define the ways in which the Building Fund may be used.
- Σ Assist the congregation in establishing a functioning committee structure.
- Σ Help AUUC reach a goal of 100% member participation in the functioning of our organization.

We also discussed how to follow up on the February congregational meeting, and have begun to plan another meeting for the fall.

I'm honored to have been chosen as your president. I promise you I will work hard to encourage growth and diversity in our congregation. If you would like to attend any of the Board meetings, you are welcome to do so. We meet before the first Sunday service of the month at 8:00 a.m. in the third floor RE room. (BYOC - Bring your own coffee!)

All the best,

Ann

Congregant Care News

Next AUUC Ladies Luncheon on Saturday, August 11, at Nona Fina's at noon.

Carrie DeClerque who broke her tibia a few weeks ago has settled at the Tupper Lake Mercy Living Center and Rehabilitation Center in Room #210. She is in good spirits and can be reached on her cell phone at [610-952-1903](tel:610-952-1903). Perhaps you could send her a card or give her a call. Her address is:

Carrie DeClerque
Mercy Living Center
114 Wawbeek Ave Room 210
Tupper Lake, NY

We're developing several ideas for fall congregation get-togethers. Stay tuned. If you know someone who needs a visit, a card or phone call, please let us know by calling Susan Arnold at [518-891-3744](tel:518-891-3744).

Recipe Corner

Lemon Yogurt Cake

1 1/2 cups all purpose flour
2 tsp baking powder
1/2 tsp kosher salt
1 cup plain whole milk yogurt
1 1/3 cups sugar, divided
3 extra large eggs
2 tsp grated lemon zest
1/2 tsp pure vanilla extract
1/2 cup vegetable oil
1/3 cup fresh-squeezed lemon juice

Glaze

1 cup confectioner's sugar
2 tbsp fresh squeezed lemon juice

Preheat oven 350 degrees

Line bottom of 8 1/2 X 4 1/4 X 2 1/2 inch loaf pan with parchment paper, grease and flour pan.

Sift together flour, baking powder and salt in one bowl.

In another bowl whisk yogurt, 1 cup of sugar, eggs, lemon zest, and vanilla.

Slowly whisk dry ingredients into the wet ingredients.

Fold vegetable oil into batter with a rubber spatula until thoroughly incorporated.

Pour batter in pan and bake for approx 50 minutes or until cake tester comes out clean.

While cake is baking cook lemon juice, 1/3 cup sugar in small pan until all sugar is dissolved and the mixture is clear.

After the cake is done, let it cool for 10 minutes in the pan, then pour the lemon-sugar mix over the loaf and let it soak in.

Mix confectioner's sugar and lemon juice to make glaze. Pour over cake once it's cooled.

“There is no darkness but ignorance: let us flood the world with light.”

-Robert Ingersoll

Contact Numbers

www.adkuu.org

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Secretary:	Laura Reid	359-2019
Treasurer:	Karen Graff	891-5735
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	Adrien Vlach	(734) 474-4706
	Jason Brill	586-1064
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	Gail Brill	891-7230
	Karen Graff	891-5735
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Children's Programming:	Gail Brill	891-7230
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Double Ewe Knitters:	Joyce Henklein	891-7761
Congregant Care:	Susan Arnold	891-3744
	Carrie DeClerque	891-2207
	Emily Warner	891-1947
Social Justice:	Adrien Vlach	946-7465
Flower Power Program:		
	Elaine Holmlund	891-6717
Place:	Randall Swanson	891-3512
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We the member congregations of the Unitarian Universalist Association, covenant to affirm and promote

- The inherent worth and dignity of every person.*
- Justice, equity and compassion in human relations.*
- Acceptance of one another and encouragement to spiritual growth in our congregations.*
- A free and responsible search for truth and meaning.*
- The right of conscience and the use of democratic process within our congregations and in society at large.*
- The goal of world community with peace, liberty, and justice for all.*
- Respect for the interdependent web of all existence of which we are a part.*

From the "Church of the open mind, loving heart, and helping hand" to

Adirondack Unitarian Universalist Community
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